



Apple Valley District 2010 Winter Camp

Camp Scout-A-Vista

February 5 - 7, 2010

Mail: Grand Columbia Council, BSA, 12 N. 10th AVE Yakima, WA 98902

Come and begin the 100 years of Boy Scouts in America! Registration cost is \$20 per scout, \$10 per adult (make checks payable to B.S.A.). All fees are due upon arrival, No REFUNDS will be made but transfers will be o.k.

Indicate number of attendees and check when they will be attending:

	Friday Night	Saturday	Sunday
Scouts			
Adults			

SEND ALL CORRESPONDENCE FOR OUR UNIT TO THE FOLLOWING CONTACT:

(Last name) (First name)

(Mailing address)

(City/State/Zip)

(Home Phone) (Work phone) (e-mail)

Please reply early So that food can be ordered in the proper amounts. Thank You!!!

General information:

1. The main lodge is for meals and warming up only. Campers should enjoy the activities outdoors; ***Dress appropriately.***

Wise winter campers know the secret to staying warm and dry is all in the **COLD**:

Clean - Keep yourself and your clothes clean. Dirt and body oils in clothing fibers reduce clothes ability to trap air as insulation.

Overheating - Don't! Add and remove layers to stay warm but not hot.

Layer - Wear layers of loose clothing to trap body heat.

Dry - Don't get wet. Water conducts heat away very rapidly.

2. The winter cabin is reserved for the staff and any sick, wet, or cold camper as determined by the camp Director.
3. The First Aid station will be in the main lodge. All medical problems: injured, illness, etc. must be reported to the camp director.
4. Each unit will provide as a minimum, two-deep leadership to accompany the Scouts as they participate in the Camporee. At least one adult must have a current Youth Protection certification (available from website).
5. Inner tubes, plastic sleds, sheets or saucers may be used for sledding. Toboggans and Troop Sleds may be used for moving equipment only - no sleds with metal runners. Sled in designated areas only. **NO SLEDDING IN THE ROADS!!!**
6. Ski/Snowboarding Helmets are recommended for sledding activities.
7. Vehicles that are four wheel drive are allowed in the upper parking lot during arrival and departure only. Permanent parking is in the lower lots. RVs and trailers will be asked to park in designated areas.
8. Bring your own firewood.
9. Fires are allowed in designated fire pits or in staff approved fire pans. These rules are subjects to Camp Director approval.
10. Absolutely **NO** sheath knives, guns (soft air, BB, firearm), fireworks, liquid fuels or straw allowed in camp.
11. **LEAVE AT HOME:** all types of music players (boom boxes, MP3, radios, CD players) electronic games, etc. These items will be confiscated if brought.
12. Possession and/or use of alcoholic beverages are prohibited in the camp boundaries. Misuse of prescribed or unprescribed drugs is prohibited. Local police will handle the individual or group who violate these regulations. Adults that use tobacco products are asked to do so off camp boundaries.
13. All Scouts must be transported in regular passenger compartments of vehicles. Only equipment may be transported in the back of a truck or trailer.
14. Properly dispose of all garbage and litter in the appropriate containers. Recycle aluminum cans. **DO NOT BURY GARBAGE.** Units are responsible for policing their areas and should bring sufficient trash bags for the job. Practice the **LEAVE NO TRACE** principles.
15. All scouts and leaders are expected to live up to the Scout Oath and Law, as well as the Outdoor Code.
16. Visitors are always welcome; please check in with at the main lodge.

Personal Equipment

Dear Scout: We are looking forward to having you with us at winter camp this year. We want you and your scouts to have a good time. Listed below are some items you will need to help you to be prepared, and to make your experience a fun and enjoyable one!

- _____ Helmets are recommended for sledding (new BSA Regulation)
- _____ Scout Uniform Shirt
- _____ Scout Handbook
- _____ Warm sleeping bag with extra blanket (pillow if needed)
- _____ Ground cloth and Pad
- _____ Cup for hot beverages (no larger than 16 oz.)
- _____ Warm Coat, Poncho or Raingear, and gloves
- _____ Extra Clothes: Pants, shirt, (wool is the best for winter)
- _____ Several sets of underwear (long johns if you have them)
- _____ Several sets of socks (wool socks are best)
- _____ Boots (any type of street/tennis shoes not recommended)
- _____ Toiletries (hand towel, soap, toothbrush, toothpaste)
- _____ Flashlight & extra batteries
- _____ Personal First Aid Kit

Unit Equipment

- Unit flag Patrol flag
- Tents or winter shelter
- Lanterns
- Duty roster (to be posted at camp site)
- Firewood (any unburned wood needs to be left at lodge or hauled home)
- Sleds for recreation or for transporting camp equipment

Unit activities

We are striving for a boy lead program; patrol leader will lead his patrol from station to station, and then lead his patrol while at the station. Patrols will need a patrol yell. We ask each unit to perform a skit at the Saturday night campfire. Skits/songs must be approved before the beginning of the program.

Team points will be won by showing scout spirit, scout knowledge and scout skills. Thank you for joining us this year at our Winter Camporee. We look forward to having you at Scout-A-Vista. Please plan for the cold and snow to make your experience the best possible.

Sincerely yours,
Camp Director and committee